

You are invited



**Are you aged 75 or over
and finding it difficult
to get out and about?**

You're not alone. There are thousands of people who wish they could get out and do more but are starting to find it hard. We are here to help.

Our Sunday afternoon tea parties are a chance for a change of scenery and regular afternoons of conversation and laughter with friends of all ages.

Re-engage groups meet right across the UK every month and our local volunteers even provide transport to and from the tea party so that you have nothing to worry about and no costs to pay.

Please get in touch.
Call **0800 716 543**, email **info@reengage.org.uk**
or visit **www.reengage.org.uk**